

Helping  
someone  
find their way  
through the  
streets of Old  
Montreal,  
*it's gratifying.*



**PRACTICE  
KINDNESS**

@acsm\_montreal

@sante\_montreal



Canadian Mental  
Health Association  
Montreal Branch

Centre intégré  
universitaire de santé  
et de services sociaux  
du Centre-Sud-  
de-l'Île-de-Montréal

Québec

